



Jamie K. Stamey, MS, RD, LDN, CP-FS
Food Safety and Applied Nutrition Consultant
7374 Right Angle St, Sherrills Ford, NC 28673
Jamie.Stamey@charter.net 704-483-7482
www.HealthyAndSafeFood.com

Jamie Stamey's professional credentials include Certified Professional of Food Safety (CP-FS) and Registered Dietitian (RD). Since 1994, she has spoken in 29 US states and Canada, and has earned a reputation for being an interactive, engaging and 'fun' facilitator. Jamie presents train-the-trainer workshops, professional seminars on food protection and applied nutrition, and is a consultant to clients in the field of food safety and applied nutrition. She assists US clients in the development of food safety management systems and the delivery of employee training programs.



Jamie continues to perfect her public speaking skills as a member of Toastmasters International. She joined Lake Norman Toastmasters in 2002. In 2008, she became a charter member of the Advanced Communicators of Charlotte, an advanced Toastmasters club in Huntersville, NC, to further refine her skills as a professional speaker. Jamie earned her Distinguished Toastmasters (DTM) award, the highest recognition of this organization, in 2010.

She received her M.S. in Nutritional Science, from the University of Hawaii and her B.S. in Clinical Nutrition, from the University of North Carolina-Greensboro.

Jamie and her husband, Ben, live on Lake Norman in North Carolina and enjoy boating, camping and traveling.